

HealthRiseSM : Improving Care For People Living with Heart Disease, Diabetes



HealthRise is a five-year, \$17-million global effort funded by Medtronic Philanthropy specifically designed to expand access to care for cardiovascular disease (CVD) and diabetes among underserved populations in targeted geographies in the United States, India, South Africa and Brazil.

Primary objectives are to 1) increase screening and diagnosis of CVD and diabetes; and 2) increase management and control of CVD and diabetes. HealthRise works to achieve these objectives by empowering patients; strengthening frontline provision of care, and advancing advocacy and policy at local, national and global levels.

Geographies

Both global and local in nature, HealthRise focuses its efforts in select communities in the following geographies:

- Minneapolis/St. Paul, Minnesota, United States
- KwaZulu-Natal and Northern Cape, South Africa
- Rajasthan and Himachal Pradesh, India
- Minas Gerais and Bahia, Brazil

The HealthRise Approach



Community Assessments: In each country, the HealthRise team works with local partners to conduct needs assessments to estimate prevalence of CVD and diabetes, and the related risk factors at local levels. Through quantitative and qualitative methods, the assessments identify key barriers across the continuum of care, service delivery gaps, and opportunities within the community.

Demonstration Projects: With results from the community assessments, the HealthRise team engages multi-sector stakeholders to guide the program and awards multi-year grants to local organizations to implement innovative demonstration projects that integrate with existing health systems.

Demonstration projects empower people living with CVD and diabetes, enable frontline healthcare providers to better address community needs and support NCD-related advocacy and policy. These projects are designed to scale and sustain what works.

Management, Measurement and Collaboration: During implementation, the HealthRise team manages and monitors interventions and provides technical assistance. Technical meetings and events are held to ensure routine information sharing and peer-to-peer learning. Additionally, country advisory committees made up of academia, policymakers, the private sector, patients and frontline healthcare providers guide project implementation.



Evaluation: At the completion of the demonstration projects, the HealthRise evaluation team will assess the impact of the program. Results will guide future NCD programming for underserved populations in the focus geographies and beyond.

The Global Burden of Chronic Disease

- Chronic NCDs such as diabetes and CVD account for more deaths globally than any other cause and total 75% of healthcare costs.
- Worldwide, more than 100,000 people die from an NCD every day.
- A disproportionate toll is taken on those who cannot afford care, cannot physically access care, or have limited knowledge of their condition, their local health care system, or their rights as patients.

HealthRise Global Partners

Medtronic Philanthropy

Medtronic is the global leader in medical technology, services and solutions. Medtronic Philanthropy focuses on expanding access to quality chronic disease care among underserved populations worldwide.

Medtronic

Abt Associates

Abt Associates coordinates HealthRise global and country-level programs. Abt is a mission-driven, global leader in research and program implementation in the fields of health, social and environmental policy, and international development.



The Institute for Health Metrics and Evaluation (IHME)

IHME drives HealthRise monitoring and evaluation. IHME is an independent global health research organization at the University of Washington that provides rigorous and comparable measurement of the world's most important health problems.



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